



5 Ways to Raise Empathetic Kids



Sometimes, it seems like there are more things that make us different than the same. But one thing we can all agree on? Every person, no matter their background, political beliefs, or parenting philosophy, has feelings. And another thing we can agree on? That it's important for our kids to learn to honor and respect other people's feelings.

Empathy is way more than table manners or saying "please" and "thank you." Empathy guides the way our kids interact with the world at large, especially as they grow. Whether your kid is a toddler or a high schooler, there's never a better time to teach them about empathy than right now.

Here's how to do your part in raising an empathetic kid:

Read engaging books.

Stories have the power to educate and resonate beyond what our parenting lectures could ever do. Books can help your kid understand

emotion and encourage empathy.

Offer opportunities to work and give.

It's easy for kids to assume toys and clothes magically appear and a clean home stays that way by itself. Chores allow kids to see that hard work produces these outcomes—a perspective that matters as they grow. Working to earn their own money enables kids to give generously, which helps them see and understand the needs of others.

Help your kid name and vocalize feelings.

Before kids can recognize and understand the emotions of others, they first need to name and vocalize their own. The best way to help our kids name their feelings is by modeling—we can start naming what we're feeling aloud in real time.

Ask questions to inspire curiosity about others.

Asking questions about others helps our kids lift their gaze up and out. Model asking questions that inspire curiosity about others like when spotting other kids and adults in various forms of work, rest, and play, ask, "I wonder what she feels like right now?" Or, "Can you imagine what it might be like to do that?"

Take advantage of teachable moments.

Finding teachable moments help our kids take what they're learning and apply those lessons in a real-world setting. When teachable moments present themselves, point them out with grace and love.

theparentcue.org - Part of the Orange Curriculum

[Sign Up for Parent Cue Here](#)





Youth



SUNDAY NIGHT YOUTH

Cinco de Church-O
May 5th
5-7pm Grades 6-12
Taco Dinner
Location TBD
Last SNY of School Year



Every Wednesday 6-7:30pm
Homework Help 5-6pm
Last Level Up is May 8



Families



Sunday April 28th
8am-1pm
St. Joe UMC Gym

We need to raise close to \$6,000 to send kids and youth to camp! Please invite friends and family. To volunteer - click the button below



St. Joe UMC:
Sunday School 9 am & 11am
Preschool 2nd & 4th Sun. 9a
St. Joe @ the YMCA:
Breakout 10 am



Middle / High School Combined Summer Camp

July 14-19
Epworth Forest

HS Only Camp June 23-28



Elementary Summer Camp July 21-24, 2024 Camp Lakewood



Thank you for joining us for
Bunny Bounce! It was an amazing
event!



Contact Pastor Ashley for
schedule/details
amoreland@stjoemin.com

*Where Everyone Belongs, YOU are Celebrated & God's Love Makes Us
Fearless!*

GET INSPIRED



Bunny Bounce 2024

WOW!! Did you see it? Did you experience it? Bunny Bounce 2024 was amazing!! Thank you to everyone who volunteered, helped prepare crafts and treat bags and helped Pastor Ashley and I keep our sanity! We saw an amazing 300 children plus parents, grandparents and aunts and uncles! So many church families came out to enjoy the 4,000 bouncy balls dropped from the track, photos with the Easter Bunny, Bible Story stations, crafts, face painting and a bounce house! Lots of the youth from our church volunteered to paint faces, drop bouncy balls, apply tattoos, and be great smiling faces for all of the families to see! On a personal note this was the first year that I have been able to move around the event, taking pictures, checking on volunteers and wearing a smile from ear to ear the whole time! THANK YOU to all of our **FAITHFUL** volunteers!!



Saint Joseph United Methodist Church | 6004 Reed Road, Fort Wayne, IN 46835

[Unsubscribe office@stjoemin.com](mailto:office@stjoemin.com)

[Update Profile](#) | [Constant Contact Data Notice](#)

Sent by office@stjoemin.com powered by



Try email marketing for free today!